



W WOMEN'S NETWORK

MARTINSBURG-BERKELEY COUNTY CHAMBER OF COMMERCE
JEFFERSON COUNTY CHAMBER OF COMMERCE

presents



WELLNESS SERIES

Wednesday, February 8

"Quitting Diet Mentality"

Joan Starliper, RD, MS, LD

Soup, Salad, & Dessert to be served

Wednesday, March 8

**"Cervical Cancer –
What Women Should Know"**

Yvonne Katz

Wednesday, April 12

"Eat to Beat Diabetes"

Dr. Morton-Eggleston

Salad to be provided by Chick-fil-A



Noon to 1:00 PM
Shepherd University Martinsburg Center
261 Aikens Center, Room 206

Registration is required
FREE* - Bring Your Own Lunch & Drink

***Women's Network Members & Member Guests Only**
Joining the Women's Network is easy - call today!

To register: 304.267.4841 or chamber@berkeleycounty.org

Sponsored in-part by: The Wellness Center @ Berkeley Medical Center

CNB Bank  **WVU Medicine**

BERKELEY MEDICAL CENTER

